



NCLEX ADRENAL DISORDERS PRACTICE TEST

Prepare for the NCLEX Adrenal Disorders quiz. Review flashcards and multiple-choice questions with detailed explanations



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1. The nurse is admitting a client diagnosed with primary adrenal cortex insufficiency (Addison's disease). Which clinical manifestations should the nurse expect to assess?

- A) Moon face, buffalo hump, and hyperglycemia
- B) Hirsutism, fever, and irritability
- C) Bronze pigmentation, hypotension, and anorexia
- D) Tachycardia, bulging eyes, and goiter

Correct Answer: C

2. The nurse is developing a plan of care for the client diagnosed with acquired immunodeficiency syndrome (AIDS) who has developed an infection in the adrenal gland. Which client problem is highest priority?

- A) Altered body image
- B) Activity intolerance
- C) Impaired coping
- D) Fluid volume deficit

Correct Answer: D

3. The nurse is planning the care of a client diagnosed with Addison's disease. Which intervention should be included?

- A) Administer steroid medications
- B) Place the client on fluid restriction
- C) Provide frequent stimulation
- D) Consult physical therapy for gait training

Correct Answer: A

4. The client is admitted to rule out Cushing syndrome. Which laboratory test should the nurse anticipate being ordered?

- A) Plasma drug levels of quinidine, digoxin, and hydralazine

- B) Plasma levels of ACTH and cortisol
- C) A 24-hour urine for metanephrine and catecholamine
- D) Spot urine for creatinine and white blood cells

Correct Answer: B

5. The client has developed iatrogenic Cushing's disease. Which statement is the scientific rationale for the development of this diagnosis.

- A) The client has an autoimmune problem causing the destruction of the adrenal cortex
- B) The client has been taking steroid medications for an extended period for another disease process
- C) The client has a pituitary gland tumor causing the adrenal glands to produce too much cortisol
- D) The client has developed an adrenal gland problem for which the health-care provider does not have an explanation

Correct Answer: B